

Our Samata Family

Number 1

Our School – Our Destiny

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THIS IS OUR NATIONWIDE CHALLENGE

LIKE a shining star in the sky, Samata Shikshya Niketan has maintained its position nationally and internationally within short period of establishment.

The school was established in 2001 AD by Mr. Uttam Sanjel in very unique and extraordinary style. This is the only one school constructed from bamboo in the whole nation.

His mission to establish Samata Shikshya was born in India when Uttam found many Nepalese, especially girls, dying in the street due to diseases. Then he returned to Nepal and established Samata Shikshya Niketan.

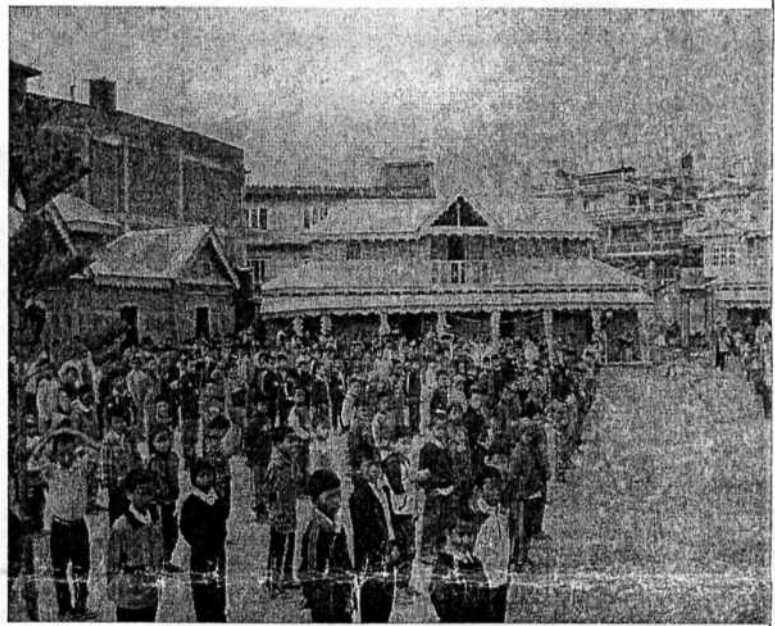
Main aims

The school has main aims to give education to all the types of children who belong from poor family and marginalized groups of society. This school is the example for other schools. All the students are getting quality education for Rs 100 a month. "Providing quality education" is our motto, not earning profit," says our founder.

Similarly he wants to extend his success to all the children of country. Samata Shikshya Niketan has five branches in five different districts of the country. In the future he aims to build in 75 districts of Nepal. SSN is a service-oriented organisation.

It is providing this helping hand to helpless children. This has become an example for the other educational institutions and for the nation.

Pramila Lama



EDUCATION for all – vital for our nation

The need to empower women

LIFE in the 21st century is competitive and complex. So, anyone who cannot compete with the modern life can't do anything. Those who can move with the times gain fame and name. A brilliant person gradually develops his/her place in society as well as the nation.

So, for the all round development, there is a great need for both male and female. But in our country women are left quite behind by the superior feeling of men. A woman is the social and ideal figure, who can take right decision in every sector.

An empowered woman can lead in every sector and can be a boon to everyone. An empowered woman can utilize her rights and responsibilities and can gain a higher reputation.

A woman can teach her children what is wrong and right, and she could be a model to change wrong misconception prevalent in society. A woman can also compete with men in this world and can adjust in every progressive society and nation.

Women can also progress the economy, business, trade and financial state of a nation. If she is empowered a woman can do far better works than man.

Ramesh Giri

The importance of wildlife conservation

NOWADAYS everybody is talking about wildlife conservation. It is a serious issue that we should think about it. Many animals are in danger of extinction as we must save them. People are killing them for their own wishes, some are killing for the money by selling their skin, feathers, ivory, etc., as some are killing as the entertainment as they hunt them.

Wildlife plays vital role in our life. It is our national property. So, the conservation of wildlife must be done by us; it is so important. Some animals are killed for its different purposes, as elephants are killed for their ivory; alligators are killed for their skin; and several kinds of birds are killed for their feathers. If this process is continued then the ecosystem will be felt. There will no the life exist in the earth. We should protect them in order to balance ecosystem.

Wildlife is a vital part of our ecosystem. Nature maintains a delicate balance among the plants and animals of the world. If we killed animal like this way then we will be removing thread after thread from the complex tapestry of life, at last there will no life in the earth. So preservation of wildlife is very important.

because it is our national property, we can make conservation areas as it will be the tourist place, it also attracts tourist. As tourists like to visit natural places where they can enjoy with nature. As natural vegetation are very useful, trees are cut for various purposes like timber, wood, etc. Animals are useful for their wool, skin, etc. As they help in order to balance ecosystem. So conservation of wildlife is essential.

Manila Moktan

The magic of music

Music is the best to all people. There is no man who does not love music. Nothing can give one so much pleasure and happiness as music. Even a child or old man enjoys listening to music. Music has various feelings and sentiments which purifies our soul and gives us divine pleasure and happiness.

Music makes us forget all our sorrows, anxieties and sad thoughts. Music fills our mind with a sweetness that inspires our soul with joy. But some music, like patriotic songs, inspires patriotism in us. In my opinion a musician is a great person in the world because with the help of music he makes himself happy and cheerful as well as others too. Music has some kind of power which makes pain disappear. It appeals to our heart. So it is a medicine for our mind which helps us to forget with its power.

Nima Gurung

WHY MOST YOUTHS ARE ENGAGED IN DRUG ADDICTION

IN the context of Nepal, it is seen that most of the young people in urban areas are engaged in addicting drugs. Mostly people from high class are seen. They want to attract their friends.

With influence of bad friends, they enter into doing such wrong job. "Using drug makes no tension", say most of the addicts.

Bad practices

To appear to be more modernized and civilized, youth started using drugs, smokes, tobacco chewing, etc., and started imitating the bad practices. Feeling themselves inferior and lacking self-confidence, they are in this field.

Most of the youths get addicted due to excessive freedom of their careless parents. Youths are also influenced by western culture and practices, which make them go on wrong track.

But actually doing this is totally wrong. They don't believe that it will harm because they saw adults smoking, addicting, etc.

So, to bring them in right track, we people should be careful and government should be careful, so may can lead a country to developed one.

Surendra Tamang

AN IMPORTANT FESTIVAL

Tihar is one of the important and favourite festivals of all Nepalese, be it Aryan or Mongolian.

Tihar is celebrated in the month of Kartik during autumn season. This wonderful festival lasts for five days: "Kaag Puja", "Kukur Puja", "Laxmi Puja", "Goberdhan Puja" and "Chai Tika".

Tihar is all about light and bangs. This festival is probably the only festival in the modern Nepal which we yearn for with romantic reminiscences.

In this Tihar, Kathmandu City was transformed into one big bouquet of sayapatri, we indulged ourselves in sweets of life, everything was looking immaculate and perfect.

"Whether people are really happy or not, I saw the expression of elated happiness in everyone's face. Even in the time of the insurgency, that was the only week of the year when people forgot all their woes and everyday drudgery and came

Happy Tihar 2008

together to feel the most elusive thing in our life – happiness!," said Binod Raj Panday, Vice-Principal of Samata Shishya Niketan School of Jorpati. In fact, Tihar was the root cause for those precious happiness of those people.

"Tihar is my favourite festival because we don't shed any blood in the name of God but rather respect those animals in Tihar," said Pramila, a student of grade 10 studying in Samata Shikshya Niketan. Tihar has been like an escape from hardships and a romantic affair that leaves with an elated feeling of bliss and tranquility to some of the other people.

The happiness that Tihar creates or begins in the city like ours is almost close to experience a miracle.

Dawa Lhamu Sherpa

Benefits and cost of tourism

A TOURIST is a temporarily leisured person who voluntarily visits places away from home for recreational, religious, research or business purposes. Tourists also want to visit a specific place or spot.

As Nepal is a beautiful country with natural, cultural, ethnic and religious diversities, it has become a major destination for international tourists. Tourism in Nepal began to increase in the 1970s but gradually decreased after 1999 due to political violence. But after the peace agreement between CPN (Maoist) and the government, it has been gradually recovering.

Tourism is a potential source of earning foreign currency for Nepal. This has helped to improve our national economy. It has also created wider employment opportunities for the people and helped in our art, culture and glory in the international arena to flourish.

Tourism has been a boon for developing country like Nepal but it has also been as a boon nowadays. It has affected the social feature of Nepalese society. Because of widespread tourism, most Nepalese people are addicted towards Western culture and are adopting it. They are forgetting their own culture and traditions. Lots of social evils like drug-addicts, casino-gambling, girls trafficking, are spreading in Nepal. Lastly, tourism has affected the environment due to the pollution.

So, tourism prospect should be controlled and regulated in an effective and reliable process to develop the country without any negative effects.

Raju Lama

A QUESTION OF FASHION

FASHION does not have a precise definition. It is the thoughts of different people. If a person thinks that to do full make-up and wear stylish clothes is fashion, then for them that *is* fashion. But in my view fashion is style or pattern of expressing one's attitude and quality. Fashion makes people attractive, beautiful and shows that person's personality.

Fashion changes like the weather. In every season there enters one style which makes people look different according to their dress and hairstyle. Fashion is not only for youth but also for those people who has cross their age. Fashion makes people neat and tidy. But different people have different thoughts and perspective towards fashion. Some people understand fashion as good for people, and some people see fashion as a copy of Western culture - others as a waste of time and money.

People think that to be stylish or fashionable we need lots of money for our hair, dress, shoes, etc., but it's totally wrong. To be fashionable we have to wear clean and fitting clothes with light-coloured dress which makes us comfortable when we walk and sit.

Anupa Karki

WE all need inspiration in our lives. **Bhawana Tamang** tells us of the person who has influenced her most of all.

I AM in this position due to my inspiration. For everybody who gets success, there is the hand of another person who inspires him/her to be in that position. I have someone who has inspired my life and from where I got knowledge about the various things and be able to take the right path. I might be in a bad condition if the inspirer of my life did not help me.

The first inspirer of my life is my mother. I am elder daughter of my family and from childhood I did not have the love of my father as he left us and went with another woman.

Then my mum was the only one to love and to care for me.

My mother is God for me. She gave me birth to see this beautiful world. She gave me such a valuable life. My mother got so many problems by working hard to care for us. But she always tries to keep us happy. She gives me a helping hand in every difficult situation.

She encourages me to study more because she does not want me to have trouble in my life. One day she called me and she shared her feelings with me. She told me about the troubles that she faced and

told me not to become involved in such kind of work. At that time I realized the mistakes and thought that I will not become involve in any kind of bad activities.

My mother is a special person for me. She is kind-hearted; she is loving and caring as well.

So she is the inspiration of my life because she is the one from where I learn about each and every thing clearly. I am able to distinguish between the good and bad tracks and learn many other good habits.

That's why I love my mother very much. I want to make her happy - always.



GRADE TEN
who have
worked hard to
bring you the
first edition of
**Our Samata
Family**

Samata - the shining star